

**TORSO ROTATION**  
**JPCR-602**

- ◆ The Torso rotation machine targets the oblique muscles in a controlled manner under resistance.

- ◆ **DIMENSION:**  
Length : 48 inches / 122 cms  
Width : 50 inches / 127 cms  
Height : 82 inches / 208 cms  
Weight Stack : 220lbs / 100kg

- ◆ **MUSCLE WORKED:**  
External & Internal  
Abdominal Oblique

